

# **Torpoint Infant School**

## **Emotional Health & Wellbeing - Criterion 5**

**Coordinator:** Jean Miller  
**Contact Number:** 01752 812245  
**Healthy School Validation 2004**

### **School Details and Context**

The infant school serves the immediate town and Wilcove. It is located on the Rame peninsula. It is a Foundation Stage school and KS1 school. 333 on roll includes a Nursery Unit (52 place) & a pre-school (Tiddlywinks (27)). There is a pre-school assessment and support unit for 13 pupils.

### **How was the need identified?**

Criterion Seven completed by Healthy School's Team. New PE Co-ordinator appointed. PE and health related exercise a focus of the School Development Plan. Healthy School Co-ordinator attends a Health Promotion day (Criteria 7). Whole school involved in PE updates from Floyd Barnett and Sarah Walker. PE Co-ordinator keen to promote 'Wake up Shake up' at start of day. attends cluster meetings with Karen Taylor – Sports Co-ordinator (Callington Community School). Karen Taylor trains staff and 'Wake up Shake up' starts Jan 04.

### **Chosen Criteria**

Criterion 7 – Health related exercise / Physical Activity.

### **Steps taken to meet the criteria**

funds being sought to replace climbing frame PTA push to extend playground equipment plus replacement of rotting climbing frame. LSA Co-ordinator to lead lunch time Huff and Puff sessions. PE Co-ordinator replaces tatty PE equipment and organises training (see how need was identified). Healthy snack provided by school/parents fund for days eaten in class not in playground. Fruity Fridays sponsored by local businesses. swimming re-introduced (The garden) from Easter 04. Heart-line to be painted on playground. Termly discos, country dance and Sports Day.

### **Who was involved in the process?**

Healthy School team – Jean Miller, Viv Waldock, Emma Hough (Comm.NNEB), Barbara King (School Nurse), Lucite Clarke (Governor – new governor appointed this term – Jane Heggs). Willow tunnel planted by PTA gardener and parent team Spring 04. Wake up Shake up Jan 04. Whole school behind effort.

### **Outcomes/impact on pupils and the wider community**

Pupils alert and ready to start day. Behaviour problems diminishing at lunch times through co-ordinated efforts. accidents reduced through zoning of playground; skipping at north side, quiet Millennium Garden, books in Lions

den (gazebo provided by Lions of Torpoint), ball games – main playground, pairs and ring games in smaller playground, foundation and Tiddlywinks in back garden, one class on climbing frames. New handbook provided for lunchtime supervisors. Jean Miller and Viv Waldock to plan a training session around new handbook on 'why exercise' to be held start of new term.

(Handbook put together by Headteacher, Deputy Head, LSA, Healthy School Co-ordinator, other members of staff, had input into draft copy).

PE Co-ordinator attended Brain Gym Course will cascade to whole school staff in Summer Term.